SOUTH HILLS HIGH SCHOOL

CLASS OF 2025

Senior Year Information &

College Planning

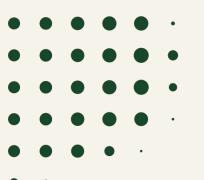


AGENDA



- Meet the Counseling Team
- How to Stay Informed
- Health and Wellness Resources
- Requirements Overview
- Preparing for Graduation and Beyond
- College Search Process and Tools Available
- Post-Secondary Options
- College Application Workshops
- Financial Aid Overview
- Other Helpful Information





COUNSELING TEAM

- Ms. Alexander
 - Last Names A-E
- Mrs. Grigolla
 - **Last Names F-L**
- Mrs. Chavarria
 - Last Names M-P, ELL
- Mrs. Hansen
 - **Last Names Q-Z**
- Mrs. Knight
 - Wellness Counselor













Mrs. Shawna Hansen Last Names Q-Z shansen@c-vusd.org



Mrs. Megan Knight Wellness Counselor meganknight@c-vusd.org



www.southhillshigh.com



(626)974-6208

(O) @southhillscounseling



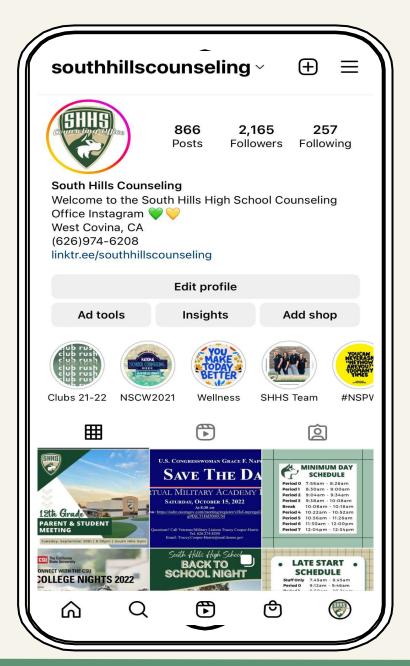
ROLE OF THE SCHOOL COUNSELOR

- **□** Academic
- ☐ College/Career
- ☐ Social/Emotional

MISSION STATEMENT

The mission of the South Hills High School Counseling
Department is to provide a proactive and equitably
comprehensive program to address students' academic,
college/career and social/emotional needs, including their
overall mental health and wellness. Respecting students'
backgrounds and individual circumstances, South Hills School
counselors collaborate with school and educational partners to
ensure all students become successful, contributing citizens
and lifelong learners in a diverse and changing world.





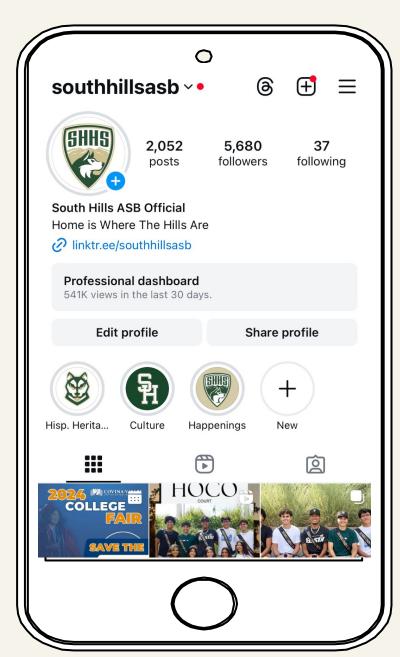
Follow us

@southhillscounseling

@southhillsasb

on Instagram





Follow for school events

@southhillsasb

on Instagram



Aeries Parent and Student Portal will allow you to access your student's attendance, current grades, and graduation status.

- From the South Hills website, click on the parent portal link.
- https://aeries.c-vusd.org/parentportal/
- You will sign in here with your email address and the password you created.

Covina-Valley Unified School District		
	English ▼	
	Aeries Student Information System	
	Email	
	NEXT	
	Forgot Password? Create New Account	



All seniors have been added to the Class of 2025 Google Classroom

- Senior Information
- Scholarship
- College Visits
- Club Information



SOUTH HILLS HIGH SCHOOL

HEALTHAND WELLNESS RESOURCES





WELLNESS CENTER

The Wellness Center is available to all students in need.

- Referrals from staff members
- Self-referrals
- Mental health resource links including social worker and outside therapy referrals
- General student support
- Care Closet



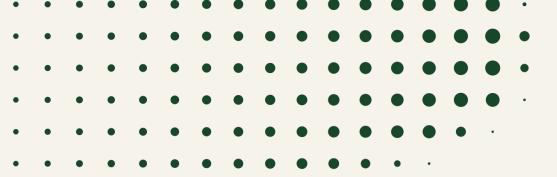


PEER COUNSELING

Schedule an appointment to meet with a peer counselor in our Wellness Center about:

- Stress
- Grades
- Sadness
- Motivation
- Loneliness
- Anxiety
- Relationships
- Struggles at Home
- Time Management
- Getting Connected







HAZEL HEALTH

Covina-Valley Unified School
District's partnership with Hazel
Health means your student can get
high-quality telehealth care.
Students can get teletherapy at
school or at home on any
smartphone, tablet, or computer. All
Hazel Health visits are safe and
confidential.

How teletherapy works

In Covina-Valley Unified School District teletherapy is available:



At home

During school hours

7am-7pm local time

Intake visit

Short-term teletherapy

Care beyond Hazel

You and your student meet with a Hazel Intake Coordinator to provide information and create goals for teletherapy The Hazel therapist works with you and your student to develop an evidence-based personalized program

If your student needs long-term care we will support them until they can see a local therapist

https://getstarted.hazel.co/district/cvusd

C-VUSD

HEALTH & WELLNESS CENTER



Health and Wellness Center Serving C-VUSD Families

4555 N. Lark Ellen Ave. Covina, CA 91722 (626) 974-4500 Call for a consultation

FAMILY RESOURCE ROOM

Available Resources

- · Backpacks & School supplies
- · Canned Foods & Dry Goods
- · Clothing including pants, shirts, sweaters, socks, and uniforms
- · School Shoes
- Community Resource Referrals
- Diapers & Infant Supplies (limited quantities available)
- First Aid Kits
- Food Pantry Resourcing
- Hygiene Kits
- · Laundering Support
- Tap Cards & LIFE Application Support





FAMILY WELLNESS ROOM

Available Resources

- · Initial Mental Health
- Assessments
- · Individual/Group Counseling
- · Mental Health Consultations
- · Community Mental Health Referrals
- · Parent Education Workshops

HEALTH SERVICES ROOM

Available Resources

- · Health Assessments
- Health Education
- · Specialized Procedure Training
- · Community Health Resources
- · Parent Education Nights

FAMILY EDUCATION ROOM

Available Resources

PARENT EDUCATION WORKSHOPS

- Medical Insurance
- Assistance · Oral Health
- Emotional
- Substance Use/Abuse
 - · Chronic Disease (Heart Regulation Health & Diabetes)

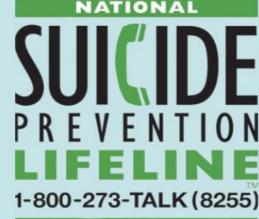


Our center offers a variety of resources and services to assist students and their families. These include but are not limited to:

- Food support: Access to food pantries, meal delivery programs, and nutrition education.
- Housing assistance: Support in finding stable housing, including referrals to local agencies and applications to local shelters and long term housing programs (LA County wide).
- Mental health services: Counseling and therapy referrals for students experiencing emotional distress.
- Case management: Personalized support and advocacy for students and families.
- Basic Essentials: Clothing, Uniforms, School supplies, hygiene supplies, and other daily essentials.

COMMUNITY RESOURCES





suicidepreventionlifeline.org



teens helping teens

310-855-4673 (HOPE) Open Daily 6-10PM PST www.TeenLineOnline.org



GET HELP 24/7:







TREVOR



Handout is available in the counseling office

caresolace.com

http://caresolace.com/cvusdparents

C-VUSD COMMUNITY RESOURCES

Crisis Hotlines:

National Suicide Prevention Hotline (800)-273-8255 (877)-727-4747 24/7 Suicide Crisis Hotline Text "HELP" to 741-741 Crisis Text Line

Trevor Project (LGBTQ+ Crisis Hotline) 1(866) 488-7386 Text (202) 304-1200

Rape Sexual Assault Hotline

(800) 656-HOPE Runaway Hotline (800) 786-2929 Pregnancy Hotline (800) 339-6993 Domestic Violence (800) 799-7233

24 Hour Free Assessment - Provides Psychiatric Holds &

Hospitalization

Aurora Charter Oak Hospital

(626) 966-1632

Hotline #: (800) 654-2673

1161 E. Covina Blvd

Drug & Alcohol Abuse

Covina, CA 91724

Family & Individual Counseling Services (Non-Crisis)

Foothill Family Services- West Covina

Pacific Clinics- Glendora

APU Community Counseling Center- Azusa

Foothill Counseling Center- Azusa

New Hope Christian Counseling-Covina

Bienvenidos Children's Center-West Covina

The Family Center

California Family Counseling Network



(626) 914-1861

(626) 564-1613 Medi-Cal (626) 335-5980 Medi-Cal (626) 815-5421 (626) 969-7243 (626) 976-6421 (626) 543-1121 Medi-Cal (626) 967-5103 Medi-Cal (626) 332-7335 Medi-Cal



IF YOU OR A FRIEND IS IN IMMEDIATE DANGER, PLEASE CALL 911



PREPARING FOR GRADUATION AND BEYOND

GIIIS

REQUIREMENTS













↓Cord at Graduation **↓**

California School Dashboard- College/Career Indicator

The College/Career Indicator measures how well schools are preparing students for likely success after graduation. High school graduates must meet at least one of the measures in the prepared level:

- ☐ CAASPP: Score of Level 3 "Standard Met" or higher on both English (ELA) and math
- Advanced Placement (AP) Exams: Score of 3 or higher on two AP exams
- ☐ International Baccalaureate (IB) Exams: Score of 4 or higher on two IB exams
- ☐ Completion of Dual Enrollment: Two semesters of college coursework with a grade of C or better
- Complete a-g course requirements with grades of C or better **plus** one of the Additional Criteria below
- ☐ CTE Pathway completion with a grade of C or better in the capstone course <u>plus</u> one of the Additional Criteria below

Additional Criteria

- ☐ SBAC Level 3 or higher on ELA and at least a Level 2 "Standard Nearly Met" in mathematics
- SBAC Level 3 or higher on mathematics and at least a Level 2 "Standard Nearly Met" in ELA
- One semester of Dual Enrollment with a grade of C or better
- ☐ Score of 3 on one AP exam or score of 4 on one IB Exam (for a-g requirement only)
- ☐ Completion of CTE Pathway (for a-g requirement only)



SOUTH HILLS HIGH SCHOOL

Graduation Requirements vs. UC/CSU A-G Requirements

Subject	South Hills High School	UC/ CSU A-G
A- Social Science	30 credits World History US History Gov/Econ	2 years required World History US History
B- English	40 credits	4 years required
C- Mathematics	20 credits Including successful completion of International Math I	3 years required (4 years recommended) International Math I, II, III
D- Science	20 credits 1 year Biological Science *Health requirement met with successful completion of Biology 1 year Physical Science	2 years required (3 years recommended) Biology, Chemistry or Physics
E- Language Other than English	10 credits Spanish/ Chinese American Sign Language	Language other than English 2 years required (3 years recommended) AND
F- Fine Arts	OR Music/Art/Drama/Dance	Visual Performing Arts 1 year required of same class- Consecutive Semesters Only Music/Art/Drama/Dance
G- Electives	80 credits	College Prep. Electives 1 year required
Physical Education	20 credits	Special Note: Colleges require a grade of "C" or higher. Any D's must be re-taken for admission consideration. NCAA Clearance is required to compete in
		college athletics

REVIEW INDIVIDUAL CHECKLIST













Class of 2025

Student Name: Student ID: 123 Counselor: Alex

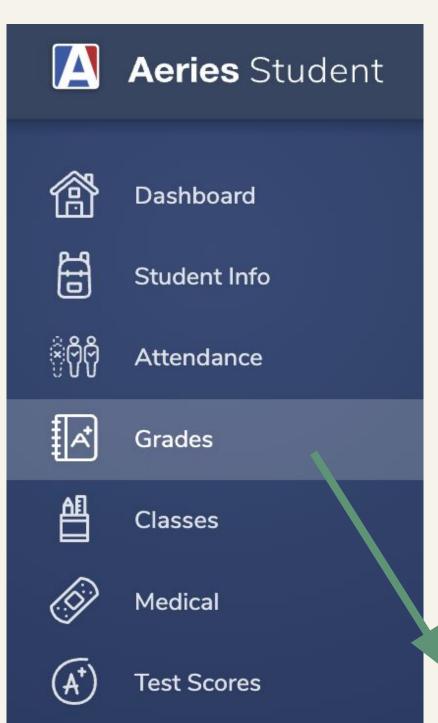
As you approach the end of your high school journey, it's crucial to ensure you're on track for graduation and prepared for college applications.

Please review the following categories and the individualized notes provided by your counselor.

- ☐ Academic Unweighted GPA: 4.00
- □ Graduation Status On Track
 - Credits Toward Graduation: 215/220
 - Notes: Good job
- □ A-G Requirements On track
 - Estimated CSU/UC Weighted GPA: 4.32
 - Notes: Make sure you pass all of your current classes
- □ CSU Application Eligible to Apply
 - Notes: Consider applying to several CSU campuses
- □ UC Application Eligible to Apply
 - Notes: Consider applying to several UC campuses
- □ Other College Application Options
 - Notes: You are eligible for many college options based on your GPA and extracurricular activities.
- Additional Notes from Your Counselor: You are eligible for many college options based on your GPA and extracurricular activities.

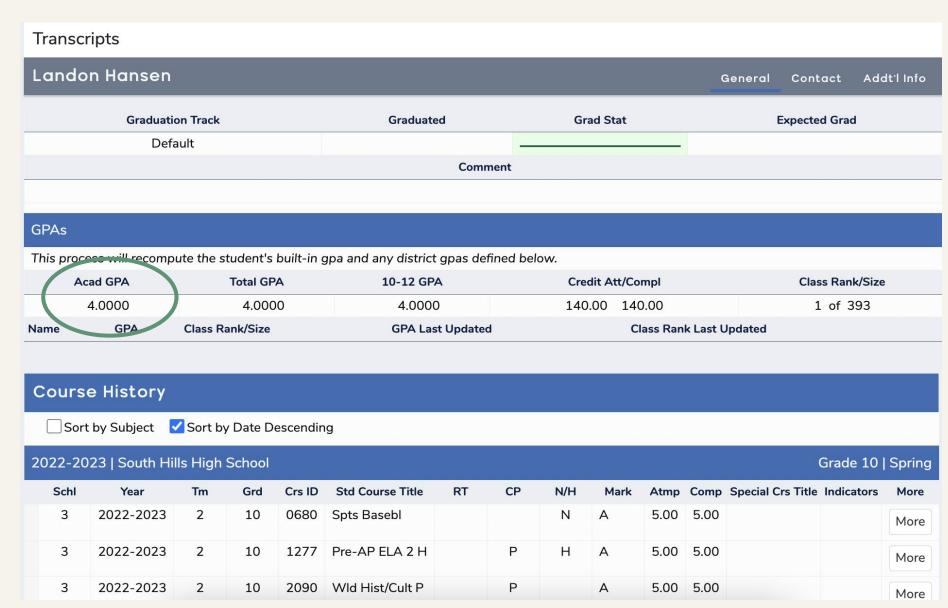
ACCESSING THE TRANSCRIPT







Dashboard



Academic GPA is used to determine Valedictorian, Highest Honors, and Honors distinctions.

NCAA

Questions to Ask

College Admissions

NCAA certification does NOT include acceptance to the NCAA school recruiting you. In addition to receiving your academic and amateurism certification from the Eligibility Center, you also must apply and be accepted to your NCAA school before you can compete on campus. Below are some important questions to ask college admissions staff as you make your decision:

- » Access to any extracurricular activities.
- » Admissions requirements.
- » Cost of attendance.
- » Degree programs.
- » Financial aid.

- » On-campus housing.
- » Schedule planning.
- » Student-athlete and non-student-athlete graduation rates.
- » Study abroad/internships.

NCAA Coaches

Choosing the right college or university can sometimes seem like an overwhelming process. Below are some important questions to ask NCAA coaches during the recruiting process:

- » Academic resources.
- » Additional team requirements.
- » Athletic training and medical expenses.
- » Coaching philosophy and style.
- » Degree completion support.

- » Injuries and rehabilitation.
- » Mental health resources.
- » Playing time.
- » Scholarship renewals.
- » Team time demands.

Visit on.ncaa.com/Choosing for more suggestions of questions to ask NCAA schools recruiting you.

NCAA Guide for the College-Bound Student-Athlete



Division I Academic Standards

Division I schools require you to meet academic standards. To be eligible to practice, compete and receive an athletics scholarship in your first year of full-time enrollment, you must meet all the following requirements:



The Eligibility

Center will

use the best combination of

meet the 10/7

requirement. Courses can

be repeated

or replaced

if they are

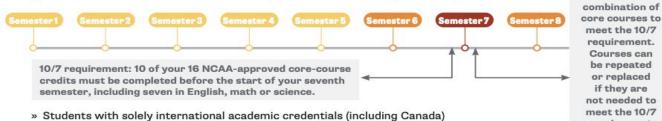
not needed to

meet the 10/7

1. Earn 16 NCAA-approved core-course credits in the following areas:



2. Complete 10 of your 16 NCAA-approved core-course credits, including seven in English, math or science, before the start of the seventh semester. Once you begin your seventh semester, any course that is needed to meet the 10/7 requirement cannot be replaced or repeated.



- 3. Complete your 16 NCAA-approved core-course credits in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate from high school early, you still must meet core-course requirements.
- 4. Earn a minimum 2.3 core-course GPA.

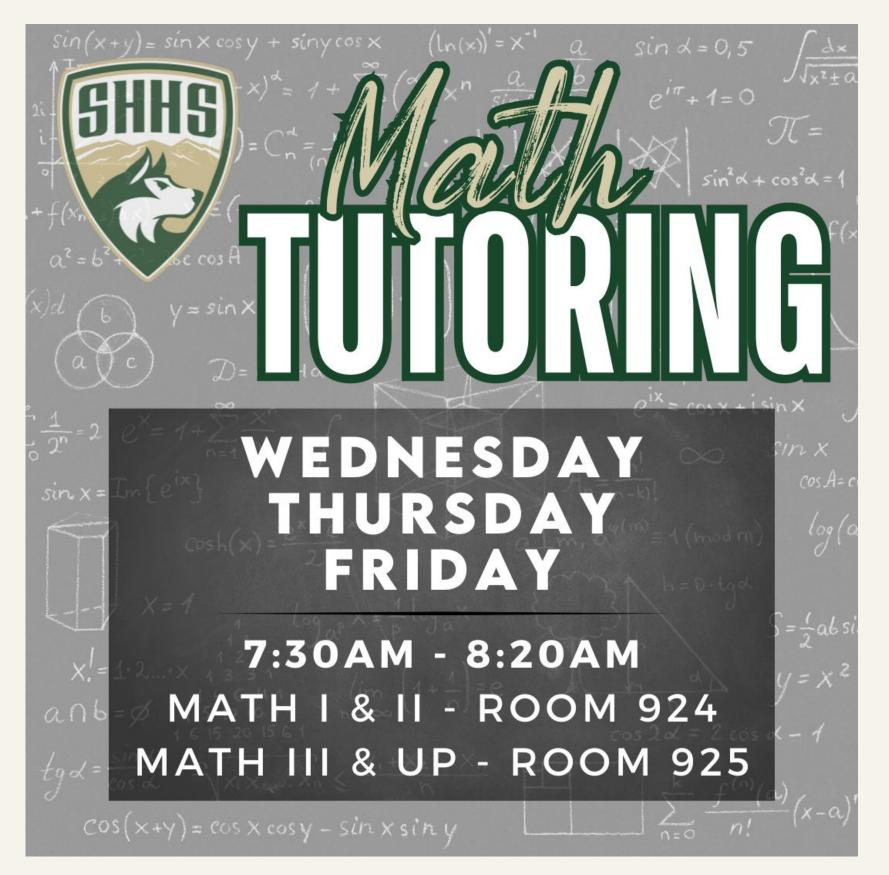
are not required to meet the 10/7 requirement.

5. Ask your high school counselor to upload your final official transcript with proof of graduation to your Eligibility Center account.









PEER TUTORING NOW AVAILABLE

PASS your class!

- <u>All grade</u> levels welcome
- <u>All subject</u> areas available
- Test Prep

A welcoming environment to ask for help and get work done!

Lunch: Tuesday/Thursday Rm: 154

After school: Wednesday Student Union

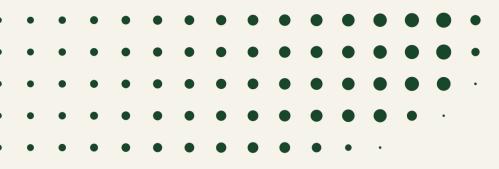
Keep up with us on Instagram!





SOUTH HILLS HIGH SCHOOL

COLLEGE SEARCH PROCESS AND TOOLSAVAILABLE





RESOURCES

South Hills High School
College Application
Resource Guide

https://bit.ly/shhscollegeguide

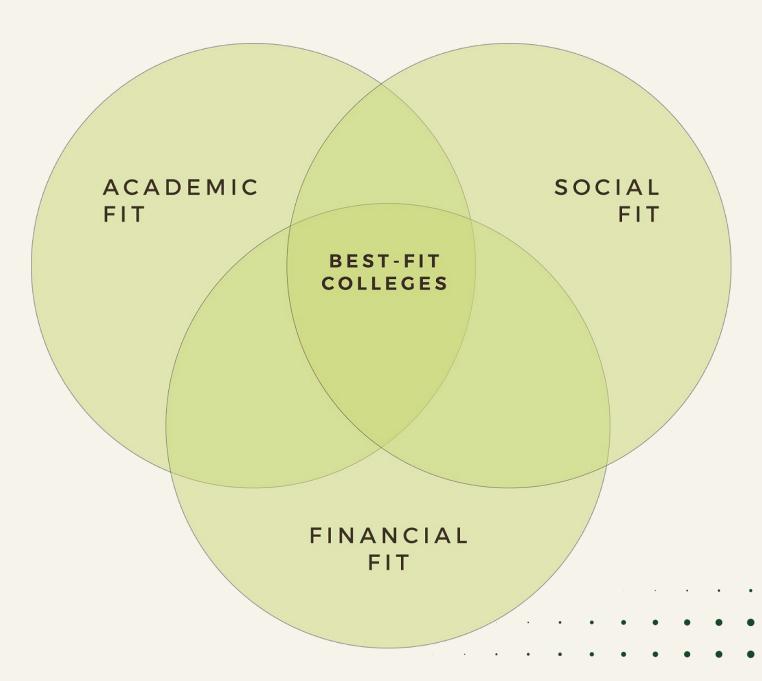


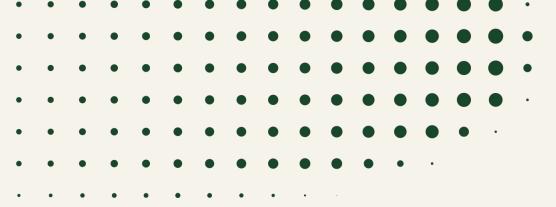


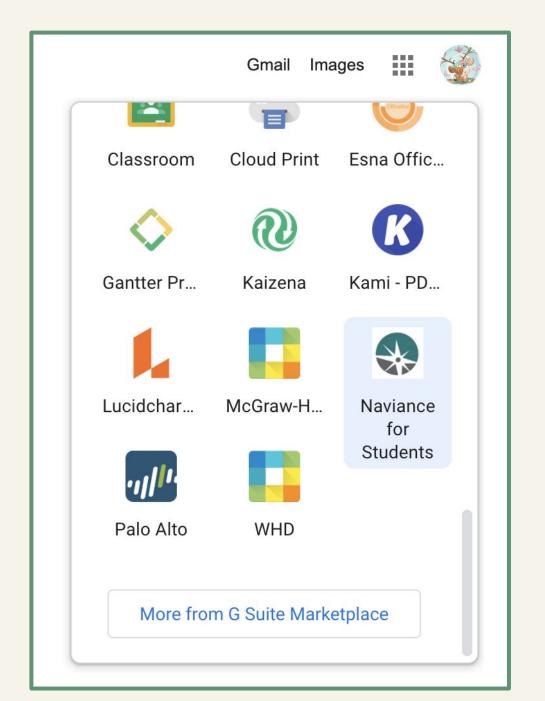


FINDING THE RIGHT FIT

- Location
- Size
- Academics
- Cost
- Extracurriculars
- Social Life









NAVIANCE

Log into your Naviance account using the following information:

- In the Google Apps waffle, select Naviance for Students
- Login using your C-VUSD Google email and password

If you run into issues logging into your account, please contact your counselor for assistance.



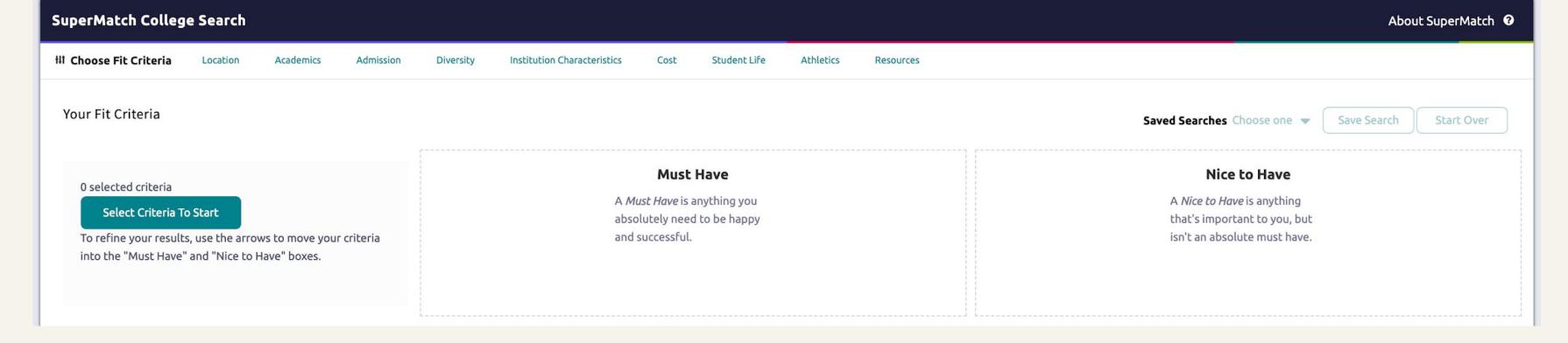
NAVIANCE

- SuperMatch College Search
- Explore Career & Clusters
- Career Assessments
- College List and document upload
- Brag Sheet
- Letters of Recommendation
- Scholarships

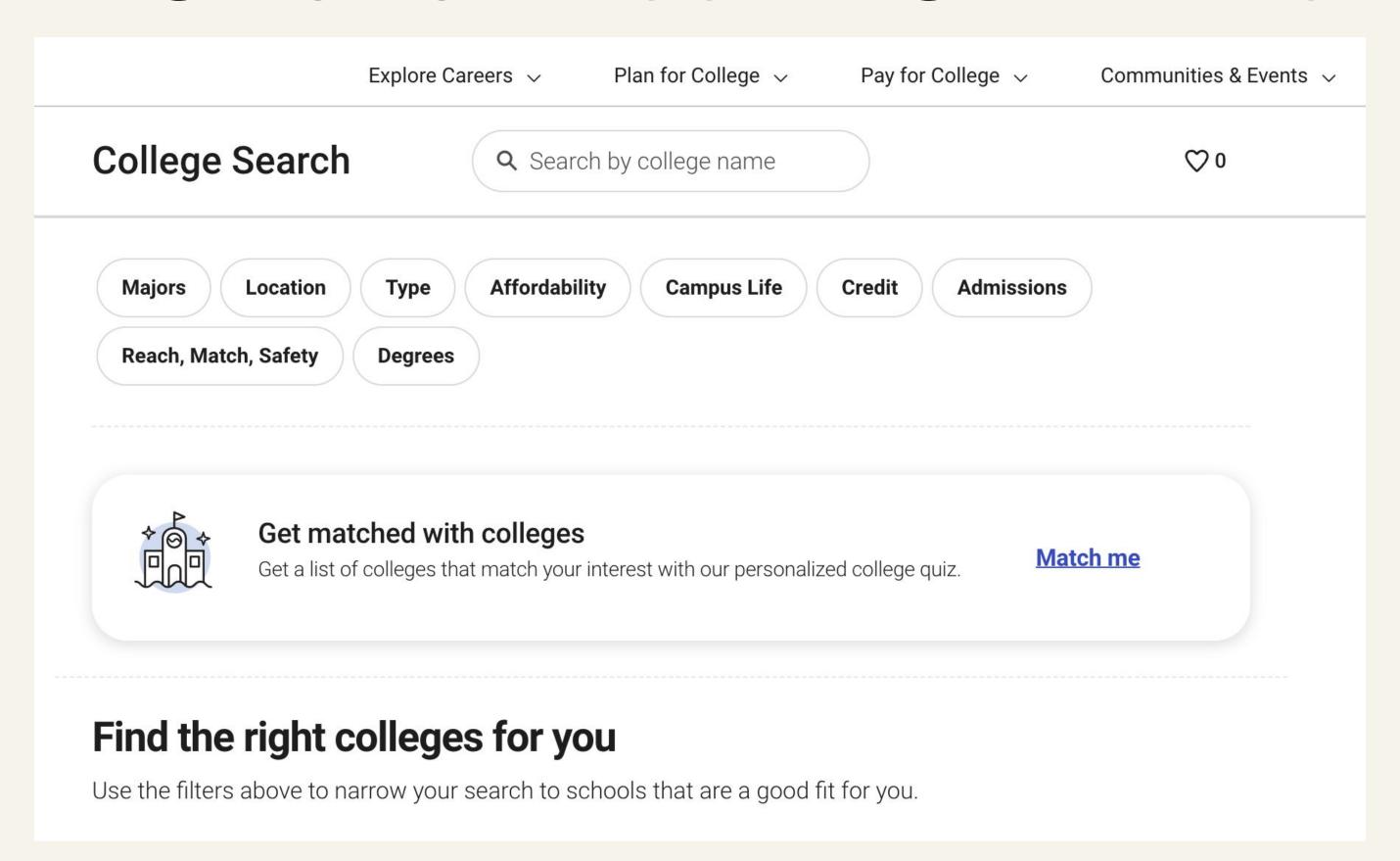




NAVIANCE COLLEGE SEARCH



BIG FUTURE COLLEGE SEARCH



CAREER SEARCH





Q Search

The California CareerZone can help you choose a goal and make a plan



Create an account to learn more about who you are and what you are interested in doing. The California CareerZone can help you:

- ✓ Learn which careers are a fit for you
- Discover the next steps to pursuing a job, college or opportunity
- Organize your activities to keep you on track

When working with others

Your account will also let you monitor, collaborate, and report on their progress



GET STARTED

TODAY FREE ACCOUNT

Register Now

Already have an account? Sign in here

Find out more by completing activities and doing research



Use activities such as the Interest, Work Importance, and Skills Profilers to learn more about yourself.

Complete activities



Find out more about your options and inform your choices about pathways, colleges, and occupations.

Do some research

When working with others

An account allows you to:

- Assign activities in addition to custom tasks
- Track their progress
- Report on outcomes



FREE C-VUSD COLLEGE FAIR





NACAC COLLEGE FAIRS

Find the College for You at NACAC Virtual College Fairs

Hundreds of colleges and universities from the US and worldwide will be ready and waiting to talk with you at these upcoming NACAC Virtual College Fairs.

FALL 2024

NACAC Virtual College Fair

Sunday, Oct. 13 1 p.m. – 6 p.m. ET

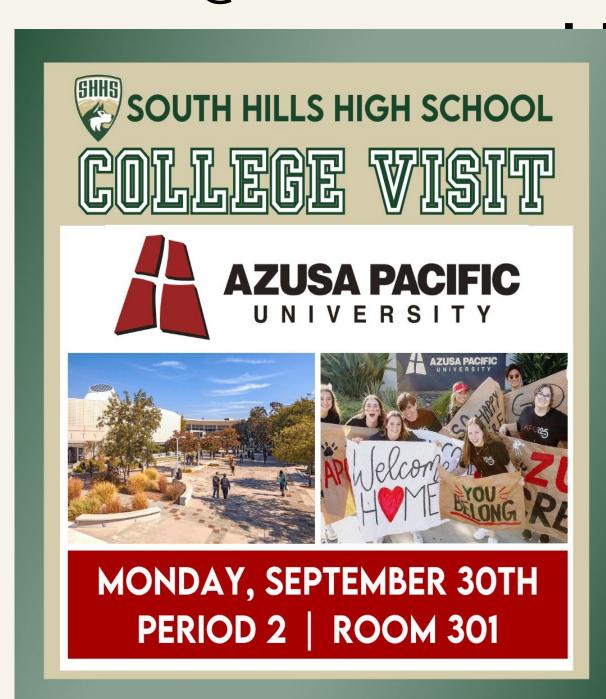
National College Fairs





IHS

Please be sure to check your Class of 2025 Google classroom and follow @southhillscounseling on Instagram for upcoming





SOUTH HILLS HIGH SCHOOL

POST-SECONDARY OPTIONS



POST-SECONDARY OPTIONS

- Community College
- University of California (UC)
- Private Colleges Out of State
- Adult Education Training

- California State Universities (CSU)
- Private Colleges in California
- Trade School or Apprenticeship
- Military





IMPORTANT DATES AND RESOURCES FOR THE COLLEGE APPLICATION PROCESS

All Class of 2025 Seniors must fill out this Google Form! https://bit.ly/shhsclassof2025



COLLEGE SPEAKERS AND COLLEGE VISITS

- For College Visits, we have a maximum of 50 spots, so you may only sign up for one. • Permission slips are available in the Counseling Office and must be returned in order to be signed up.
 - Cal Poly Pomona Wednesday, October 16, 2024
- UC Riverside Monday, October 21, 2024
- College Speakers Please check your Class of 2025 Google Classroom regularly for dates, times, and links to register. All students should pre-register so that we can verify your attendance.

FREE C-VUSD COLLEGE FAIR

- Tuesday, October 22, 2024, 5-7pm
- Covina District Field

CHOOSING A MAJOR WORKSHOP

- If you need help understanding college majors and/or how to choose a major, sign up to attend the workshop
- Workshop Date: October 15, 2025 (5th or 6th period)

CALIFORNIA STATE UNIVERSITY

- https://www.calstate.edu/apply
 Application Dates: October 1, 2024 December 2, 2024
- South Hills CSU Application Workshop: October 8, 2024

UNIVERSITY OF CALIFORNIA

- https://admission.universityofcalifornia.edu/apply-now.html
 Application Dates: October 1, 2024 December 2, 2024
- South Hills UC Application Workshop: October 2, 2024
- South Hills PIQ Workshop hosted by UCSD: October 2, 2024
- PIQ Helpful Tips https://admission.universityofcalifornia.edu/how-to-apply/applyingas-a-freshman/personal-insight-guestions.html

COMMON APPLICATION

- https://www.commonapp.org/
- Application Dates Vary
- South Hills Common Application Workshop: October 14, 2024

SOUTH HILLS HIGH SCHOOL CLASS OF 2025

MT. SAC CONNECT 4 DATES • Information Presentation in Government classes - Thursday, October 31st • Application Workshop - Wednesday, November 20, 2024

- Account Claim/ AQ Workshop Wednesday, February 19, 2025
 Orientation and MAP Registration Workshop Wednesday, February 26, 2025
- Next Steps and Summer Program Information Wednesday, March 26, 2025
- Registration Support Wednesday, May 14, 2025

CITRUS COLLEGE EARLY DECISION/PROMISE PROGRAM DATES

- Information Presentation in Government classes Thursday, October 31st
- Application Workshop Friday, January 17, 2025
- Orientation Workshop Thursday, March 6, 2025
- SEP Workshop April date TBD

ON THE SPOT ADMISSIONS

- In order to attend, students must meet the minimum requirements and sign up ahead of
- University of La Verne Wednesday, October 30th
- Grand Canyon University Monday, November 3rd
- Azusa Pacific University Wednesday, November 6th

NAVIANCE

- The South Hills counselors, teachers, and registrar use Naviance eDocs to send transcripts, school reports, and letters of recommendation.
- To sign-in to Naviance, you must access it through your C-VUSD Google waffle. You must be signed into your C-VUSD account. Choose "Naviance for Students."
- Once logged in, you will need to go to "Colleges I am Applying To" to add the schools you are applying to.
- If you are applying to any Common App schools, you will need to link Naviance to your Common App account and it will add your colleges automatically.

FINANCIAL AID INFORMATION

- All students will need to complete a financial aid application.
- Application Dates: December 1, 2024 March 2, 2025
- Most students will complete the Free Application for Federal Student Aid (FAFSA) https://studentaid.gov/
 - You can create an account now, but cannot complete the application until it opens in December.
- Undocumented or dreamer students will complete the California Dream Act Application https://dream.csac.ca.gov/
- Parent Information Meeting and Workshop Dates will be available in late

RESOURCES/WEBSITE TO EXPLORE

- College Search
- Naviance, Big Future, Niche, College Scorecard, CA Colleges
- Career Search
- Naviance, Big Future, California Career Zone, O*Net Online
- Scholarship Search
 - Fastweb, Unigo, SallieMae, Career One Stop
- PIQ/Personal Statement Tips
- College Essay Guy, UC Website, Purdue OWL







COMMUNITY COLLEGE

Mt. SAC and Citrus Presentations - October 31, 2024

Mt. SAC and Citrus College

- 2-Year Public Colleges
- No Minimum GPA
- Assistance with Application and Enrollment
- Priority Registration







MT. SAC CONNECT 4



- The Connect 4 Program at South Hills will begin October 31st in Gov classes. Please see your counselor if you took Gov in summer and would like to attend.
- November 20th is the Application Workshop
- Connect 4 is a process overseen by the High School Outreach (HSO) team
- Connect 4 assists graduating in-district high schools seniors in their transition to Mt. SAC.
- Students who successfully complete all steps with their HSO Specialist will receive Priority Registration for Fall 2025



MT. SAC PROMISE+

Promise+Plus FREE Benefits

Benefits are subject to change based on grant funding.
The Mt. SAC Promise+Plus Program does not pay for tuition.



Money for Books



Mandatory Fees Reimbursement



Promise+Plus Counselors



Promise+Plus Workshops



Mt. SAC Gear



Graduation Package



Dining Cards



One- Year Early Registraion



Graphing Calculator Loan



Parking Pass



CITRUS COLLEGE

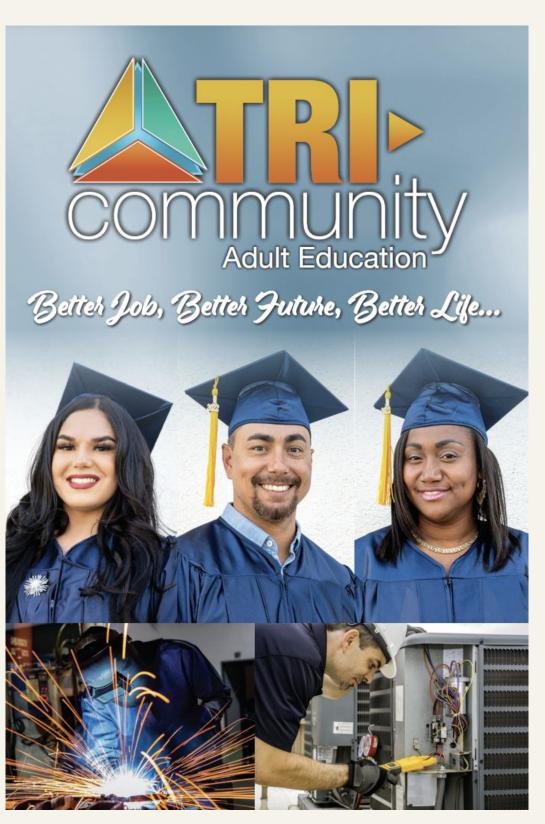
A Citrus College Promotion Specialist will be visiting Gov Classes on October 31st. Please see your counselor if you took Gov in summer and would like to attend.

- Citrus College Promise Program
- Application Assistance
- Financial Aid Assistance

College Promotions Specialist: Aimee Ruaburo aruaburo@citruscollege.edu



TRADE OR CERTIFICATE OPTIONS



- Public and Private options
- Work towards certificates
 - Community College
 - Career/Technical Schools
 - Adult Education Programs

Mt. San Antonio Adult Education





CAL STATE UNIVERSITIES



- 4-Year Public
- Minimum 2.5 GPA
- Grades of C or better in all A-G classes
- No essays or letters of rec
- \$70 Application fee

Workshop Date: October 8th

CSU IMPACTION



Program Impaction:

A campus receives more eligible applications for a specific undergraduate program (major) than there are enrollment spaces available.

Campus Impaction:

A campus receives more eligible applications than there are enrollment spaces available for the class level (freshman and transfer)

All undergraduate programs, pre-programs, and undeclared/undecided programs are impacted for the following campuses:

- Cal Poly San Luis Obispo
- CSU Fullerton
- CSU Long Beach
- San Diego State
- San Jose State

Local Admission Area:

Applications received from students from outside the designated local area will be held to higher admission requirements than those received from students inside the local area for certain impacted campuses. Our local area school is **Cal Poly Pomona**.



CSU IMPACTION - MAJORS

The following majors are more selective and will often require a higher GPA than other majors:

- Nursing
- Engineering
- Psychology
- Biology/Biological Sciences

Please refer to to the impacted programs matrix for the major and campuses you are applying to.

2025-2026 CSU Undergraduate Impacted Programs Matrix Access and Impaction at the CSU

202	25-2	026	CS	U U	nde	ergi	rad	uat	e li	mp	acte	d P	rog	<u>jrai</u>	ms	Mat	rix						
	Bakersfield	Channellslands	Chico	Dominguez Hills	East Bay	Fresno	Fullerton*	Humboldt	Long Beach*	Los Angeles	Maritime Academy N	Monterey Bay	Northridge	Pomona	Sacramento	San Bernardino	San Die go*	San Francisco	San Jose*	San Luis Obis po*	San Marcos	Sonoma	Stanislaus
Apparel Design & Merchandising														0	0			0					
Architecture)				Ĵ.	Ì.,					Ĭ.			-					<u>)</u>	-			
Art	0	0	0	0	0	0	1	0	1	0]	0	0	0	0	0	1	0	1	1	0	0	0
Biological Sciences**	0	0	0	0	0	1	1	0	1	0		0	0	1.	0	0	1	0	1	1	1	0	0
Business	0	0	0	0	0	0	1	0	1	0	0	0	0	N	1	0	1	0	1	1	1	0	0
Chemistry/Biochemistry	0	0	0	0	0	0	1	0	-	0		90	0	-	0	0	_	0	1	-	0	0	0
Child/Human Development	0	63 8	0	0	0	0	1	0	-	0		0	0		0	0	-	0	1	1	0	1	0
Communication	0	0	0	0	0	0	1	0	-	0	į.	0	0	0	0	0	1	0	1	1	0	0	0
Computer Science	0	0	0	0	0	0	1	0	1	1		0	0	1	0	0	1	0	1	1	0	0	0
Criminology/Criminal Justice	0		0	0	0	0	1	0	1	-			0		1.	1	. 1	0	1	1	0	0	0
Economics	0	0	0	0	0	0	1	0	1	0	9	0	0	0	0	0	1	0	1	1	0	0	0
Engineering	0	0	0	0	0	1	1	0	1	0	0		0	N	0	0	1	0	1	1	1	0	0
English	0	0	0	0	0	0	1	0	1	0		0	0	0	0	0	1	0	1	1	0	0	0
Environmental Studies/Sciences	0	0	0	0	0	0		0	1			0		N	0	0	1	0	1	1	0	0	0
Family & Consumer Sciences					ĵ	0			1		ĵ		0		0			0					
Film & Electronic Arts/Cinema							1	0	1	1		0	1		0			0					
Food & Nutrition/Dietetics			0			1			1	0			0	0	0	0	1	0	1	1			
Graphic Design			0	0	0	0	1		1	0		0	0	0	1	0	1	0	1	1			
Health Science/Education	0	0	0	0	0	0	1		1	0		9	0	0	0	0	1	0	1		i i		
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Liberal Studies	0	0	0	0	0	1	i	0	÷	0		0	0	0	0	0	÷	0	i	i	0	0	0
Marine Transportation	_	_	_		_	0	•	_		_	0		_	_	_		•		•	•		_	
Mathematics	0	0	0	0	0	0	1	0	1	0		0	0	0	0	0	1	0	1	-	0	0	0
Music	0	-	N	0	0	0	-	0	÷	0		0	0	0	0	0		0	i	i		0	0
Nursing, Basic	-	1	14	-	1	1	1	0	i	-	3	0	-	-	-	-		1	i			-	-
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Sociology	0	0	0	0	0	0	1	0	1	0	9	0	0	N	0	0	. !	0	1	1	0	0	0
Spanish	0	0	0	0	0	0	1	0	1	0		0	0	0	0	0	1	0	1		0	0	0
Theater/Performing Arts	0	0	0	0	0	0	1	0	1	0		0	0	0	0	0	1	0	1	1	0	0	0
Undeclared						0	1		1	0		0					1	N	1				

Codes: *= All programs are impacted



Notes for First Time Freshmen (FTF) and Upper Division Transfers (UDT)

Bakersfield: No campus impaction for FTF or UDT. Impacted in nursing (basic) and the RN to BSN nursing programs.

Channel Islands: No campus impaction for FTF or UDT. Impacted in the nursing (basic) program.

Chico: No campus impaction for FTF or UDT. Impacted in nursing (basic) and option in recording arts (BA in Music).

Dominguez Hills: No campus impaction for FTF or UDT.

East Bay: No campus impaction for FTF or UDT. Impacted in the nursing (basic) program.

Fresno: No campus impaction for FTF or UDT. Impacted in agricultural business/education, animal science, architectural studies, biology, construction management, engineering (civil, computer, electrical, mechanical), enology, food sciences, human nutritional sciences, liberal studies, nursing (basic), Nursing (RN to BSN), plant science, pre-health, social work, and viticulture.

Fullerton: Impacted for FTF and UDT, and in all undergraduate programs, pre-programs, undeclared/undecided programs.

Humboldt: No campus impaction for FTF or UDT. Impacted in RN to BSN Program.

Long Beach: Impacted in all undergraduate programs, pre-programs for FTF and UDT and undeclared/undecided programs for FTF only.

Los Angeles: No campus impaction for FTF or UDT. Impacted in computer science, criminal justice, nursing (pre-licensure), psychology, social work, and television, film, and media studies.

Maritime Academy: No campus impaction for FTF or UDT. New students in all majors must complete a physical examination and pass a health review prior to enrollment.

Monterey Bay: No campus impaction for FTF or UDT.

Northridge: No campus impaction for FTF or UDT. Impacted in cinema & television arts: film production, television production

Pomona: Impacted for FTF only and programs in animal science, animal health science, architecture, biology, biotechnology, business administration (accounting option), chemistry, computer science, environmental biology, engineering (aerospace, civil, computer, electrical and mechanical), kinesiology (general option), physics and Sociology (transfer only).

Sacramento: No campus impaction for FTF or UDT. Impacted in business administration (all options), criminal justice (general), graphic design (general), nursing (general), and psychology (general).

San Bernardino: No campus impaction for FTF or UDT. Impacted in criminal justice (all options), kinesiology (allied health), psychology, nursing (general), and social work (pre-social work).

San Diego: Impacted for FTF and UDT, and in all undergraduate programs, pre-programs, and undeclared/undecided programs.

San Francisco: No campus impaction for FTF or UDT. Impacted in nursing (general) and undeclared/undecided (with an interest in nursing)

San Jose: Impacted for FTF and UDT, and in all undergraduate programs, pre-programs, and undeclared/undecided programs.

San Luis Obispo: Impacted for FTF and UDT in all undergraduate programs (and does not consider alternate majors).

San Marcos: No campus impaction for FTF or UDT. Impacted in programs in biological sciences, business administration, electrical engineering, and nursing (basic).

Sonoma: No campus impaction for FTF or UDT. Impacted for programs in nursing (pre-nursing and pre-licensure BSN), and psychology.

Stanislaus: No campus impaction for FTF or UDT. Impacted for pre-nursing and nursing (generic or basic) program.

Please go to www2.calstate.edu/pages/lmpactionSearch.aspx for the most accurate and up-to-date information regarding impacted campuses and programs at the CSU. To find all degrees/programs available by CSU campus, visit http://degrees.calstate.edu. Programs offered through CSU Extended Education may also be available at campuses and are not reflected in the matrix.

I = Programs Impacted at the campus

N = See notes for the campus on the next page

^{**}Biological Sciences should include Biology, Biotechnology, Microbiology, and Medical Technology



UNIVERSITY OF CALIFORNIA

- 4-Year Public
- Minimum 3.0 GPA
 - More selective UCs will require a much higher GPA
- Grades of C or better in all A-G classes
- Writing includes:
 - Personal Insight Questions
 - Awards and Activities
- No letters of rec accepted
- \$80 Application fee

Workshop Date: October 2nd





PRIVATE/INDEPENDENT/ OUT-OF-STATE COLLEGES









- Deadlines Vary
 - Early Decision and Early Action
- GPA and Other Requirements Vary
- May Require Essays or Written Responses
- May Require Letters of Rec
- Consider WUE Options

Workshop Date: October 14th

GHIB

UNIVERSITY PARTNERSHIPS

- The District has entered into partnerships with University of LaVerne and Azusa Pacific University.
- Students must meet the minimum admission requirements and submit application by the deadline.
- Admitted students who complete the FAFSA will receive a minimum financial aid package of \$10,000 each year.





WESTERN UNDERGRADUATE EXCHANGE

Students who are residents of California are eligible to request reduced tuition for participating two and four year college programs outside of their home state. Pay attention to individual campus application requirements and included majors.

https://www.wiche.edu/tuition-savings/wue/





States include:

Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Utah, Washington, Wyoming.













APPLICATION OPTIONS

What are my application options?

MORE INFO: https://www.collegeessayguy.com/blog/early-action-early-decision-colleges

- <u>Early Decision (ED)</u>: This is legally binding and you can only apply to one school ED. If you get in, you have to withdraw all your other applications and attend your Early Decision College.
- <u>Early Action (EA)</u>: This is non-binding. You can apply to several colleges via Early Action. Even if you're accepted, you're not obligated to attend. Early Action college applications are also usually due in November, though a few schools have earlier deadlines.
- Restrictive Early Action (REA): This is also non-binding but these colleges don't want you applying to any binding
 programs at the same time. Like EA and ED, REA applications (sometimes called Single-choice Early Action) are typically
 due in November.
- Regular Decision (RD): This is non-binding. You can apply to as many colleges as you want. Deadlines range from mid-October to late winter.
- Rolling Admissions: This means that the college will review applications as they become complete with all the required elements (as opposed to waiting until a certain date to do everything). Heads-up: Apply early because once those spots are full, they're full!



MILITARY OPTIONS





Recruitment centers

https://www.todaysmilitary.com/







SOUTH HILLS HIGH SCHOOL

COLLEGE APPLICATION WORKSHOPS



APPLICATION WORKSHOPS



Counselors will be assisting students with college applications in workshops throughout October and November.

Counselors will have a introductory slides and then assist students with college application completion. We will help with:

- Cal State Application (all 23 universities use one application)
- UC Application (all 9 UCs use one application)
- Common Application (over 1000 universities use the Common App)
- Out of State and other private school applications









SAME DAY ADMISSIONS EVENTS

- Wednesday, October 30th University of LaVerne
- Monday, November 3rd Grand Canyon University
- Wednesday, November 6th Azusa Pacific University

Students must meet minimum admissions eligibility requirements to participate and MUST pre-register for each event.

Pre-registration deadline: October 18, 2024



SAT INFORMATION



The district will be paying for all seniors to take the SAT on Wednesday, October 9th at South Hills High School

Many Colleges and Universities have waived the SAT requirement for the Class of 2025.

- Please be sure to check individual school sites for clarification and requirements
- Look for the words "test optional" and "test blind"
- December 2024 is the last test accepted for Fall 2025 admission

<u>UC</u> - UC eliminated its standardized test requirement in 2020. UC no longer considers SAT or ACT test scores when making admissions decisions or awarding scholarships. Test scores submitted as part of the application may be used as an alternate method of fulfilling minimum requirements for eligibility or for course placement after matriculation at UC.

<u>CSU</u> - The California State University (CSU) no longer uses ACT or SAT examinations in determining admission eligibility for all CSU campuses. If accepted to a CSU campus, ACT or SAT test scores can be used as one of the measures to place students in the proper mathematics and written communication courses.

TIMELINE



As you approach your final year of high school, it's essential to stay organized and proactive in the college application process. This timeline will help you navigate the critical steps you'll need to take from the start of your senior year until you submit your college applications, including key deadlines for California State University (CSU) and University of California (UC) applications.



- <u>Research Colleges</u>: Identify schools that interest you based on factors like location, majors, campus culture, and financial aid options.
- <u>Visit College Campuses</u>: If possible, plan visits to your top choices to get a feel for the environment.
- <u>Create a College List</u>: Narrow down your list to about 5-10 schools, including a mix of reach, match, and safety schools.
- <u>Gather Application Materials</u>: Collect necessary documents, such as transcripts, letters of recommendation, and test scores.

November: Submit Applications

- <u>Submit Applications</u>: The application window for both UC and CSU is open from October I to November 30. Aim to submit at least a week before the deadline to avoid last-minute issues.
- <u>Check Application Status</u>: After submitting, verify that all materials, including test scores and recommendations, have been received by the colleges.



- Take the SAT: All South Hills seniors will be taking the SAT on 10/9/24
- <u>Finalize Your College List</u>: Ensure your list includes a balance of schools that match your academic profile.
- <u>Attend Application Workshops</u>: Get familiar with the different college applications, depending on where you are applying.
- <u>Draft Your Personal Statement and/or PIQs</u>: Begin writing your PIQs for the UC application and your personal statement for other schools.
- <u>Request Letters of Recommendation</u>: If any of your colleges require you to submit letters of recommendation, ask teachers, counselors, or mentors for letters of recommendation. Provide them with a resume or brag sheet.

December: Post-Submission

• <u>Continue Preparing for Financial Aid</u>: Research financial aid options and scholarships available at your chosen colleges.









- <u>Complete the FAFSA</u>: Fill out the Free Application for Federal Student Aid (FAFSA) as soon as possible to qualify for financial aid. Be aware of state and school deadlines. The California deadline to apply is March 2, 2025.
- <u>Apply for Scholarships</u>: Research and apply for scholarships through schools, local organizations, and online platforms.

May: Final Preparations

- <u>Make Your Decision</u>: Choose which college you will attend and inform them of your decision by May Ist.
- <u>Complete Enrollment Forms</u>: Submit any required enrollment documents and deposits to secure your spot.

March - April: Decision Time

- <u>Check for Admission Decisions</u>: Most colleges will notify you of their decisions by the end of March or early April.
- <u>Plan Campus Visits</u>: If accepted, visit schools to help make your final decision.

June: Celebrate Your Achievement

• <u>Graduation</u>: Celebrate your hard work and achievements! Prepare for the transition to college life.

By following this timeline, you can stay organized and ensure that you complete all necessary steps in the college application process, including important deadlines for CSU and UC applications. Good luck!

SOUTH HILLS HIGH SCHOOL

FINANCIAL AID INFORMATION



PREPARING FOR COLLEGE COSTS

COSTOFATTENDANCE









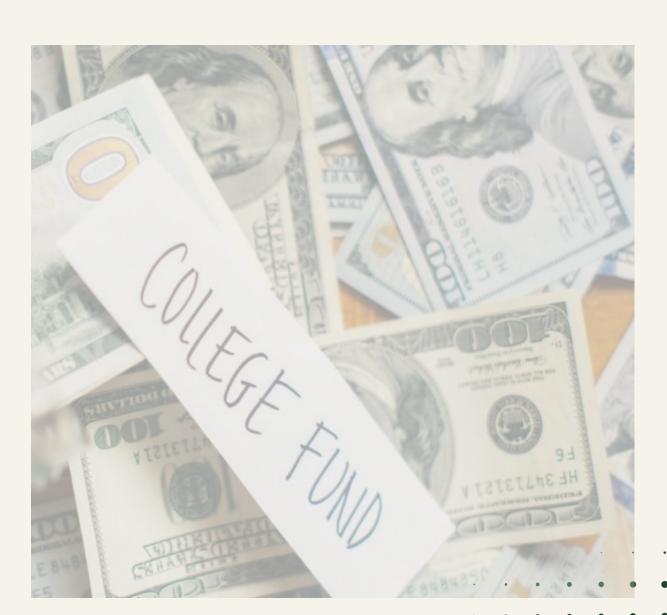




FINANCIAL AID

Three General Categories

- 1. Free Money
 - Grants Typically Federal and State Issued
 - Scholarships
- 2. Work Study
 - Part-time employment at the college
- 3. Loans
 - Must be repaid
 - Subsidized and Unsubsidized
 - Parent Plus Loans



FINANCIAL AID APPLICATIONS

You must complete the FAFSA or CA Dream Act in order to qualify for financial aid.

Application expected to open by December 1st.

Only Use the Correct Application based on Student's Status!



- US Citizen
- Eligible Noncitizens





- Undocumented Students
- Valid or expired DACA
- Temporary Protected Status (TPS)
- U Visa Holders
- Meets AB540 Requirements

studentaid.gov

https://dream.csac.ca.gov/landing



CREATE YOUR STUDENT AID ACCOUNT

- Go to studentaid.gov webpage
- Select "Create an Account"
- When creating your account, your name must be typed in to match the way your name is written on your Social Security Card.
- At least ONE PARENT (now called a Contributor) will also need an account.
- If a parent does NOT HAVE a social security number, it's okay, they will be able to create an account.

Federal Student Aid

FAFSA® Form V Loans and Grants V

Log In | Create Accoun

Create an Account

Whether you're a student, parent, or borrower, you'll need to create your own account to apply for, receive, and manage your federal student aid.

Get Started

Already have an account? Log In

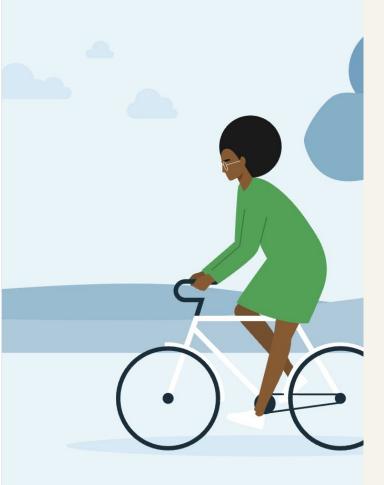
What You Can Do With Your Account

You must have an account to do the following:

- Fill out the Free Application for Federal Student Aid (FAFSA®) form
- Complete other online forms (such as the *Master Promissory Note*) required to receive aid
- Review the federal student aid you've received

What You'll Need

- Your Social Security number (if applicable)
- · Your own email address

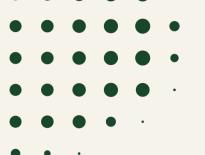




STUDENT AID INDEX (SAI)

- Score used to confirm eligibility
 - Calculated by the financial aid application
- Score may change
 - Corrections
 - Appeals due to Special Circumstances
 - Subsequent financial aid applications







CAL GRANTS

2025 26 CAL GRANT PROGRAM INCOME CEILINGS									
	Cal Grant	Cal Grant							
	A and C	В							
Dependent students and									
Independent students with dependents other than a spouse									
Family size:									
Six or more	\$157,100	\$86,300							
Five	\$145,700	\$79,900							
Four	\$135,900	\$71,500							
Three	\$125,100	\$64,200							
Two	\$122,100	\$57,000							
Independent students									
Single, no dependents	\$49,800	\$49,800							
Married, no other dependents	\$57,000	\$57,000							

Cal Grants are determined by

- 1. Financial Need
- 2. GPA

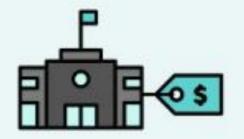
3.0 or higher for 4-year University

2.0 or higher for Community College



CALCULATE & COMPARE

HOW TO CALCULATE YOUR SCHOOL'S NET PRICE



\$9,500 —

Cost of Attendance

(The college's official published tuition, fees, & living expenses)



\$4,400

Grants & Scholarships

(Funding you're offered that you don't have to pay back)



\$5,100

Net Price

(The remaining amount that you're responsible for paying)

Federal Student Aid











SCHOLARSHIP OPTIONS

How to Know if Scholarship Websites Are Legit

Determining the legitimacy of a scholarship website requires several steps. By following these steps and staying cautious, you can better identify legitimate scholarship websites and avoid potential scams. Here's how you can approach it:

- Do your research: Look for information about the website's history, mission, and organization behind it. Legitimate providers are transparent about their backgrounds and are transparent with the professional organizations that they are affiliated with.
- Contact information and website design: Legitimate scholarship websites provide clear and accessible contact details.
 Check if the website has a professional design and user-friendly interface.
- Verify the requirements: Legitimate scholarships have specific eligibility criteria aligned with their purpose.
- Check the application process: Legitimate websites offer clear instructions on how to apply, including required documents, deadlines, and additional materials like essays or recommendations.
- Privacy and security: Ensure the website has privacy and security measures in place. Look for a privacy policy that explains how they handle and protect your data.
- Seek reviews and testimonials: Look for feedback from other students who have won the scholarship previous years or organizations who have used the website. Their experiences can provide valuable insights into its legitimacy and reputation.



COLLEGE BOARD OPPORTUNITY SCHOLARSHIP

BigFuture Scholarships

You could win \$40,000 ... just by planning for your future



Starting in 10th grade, when you complete college and career planning steps on BigFuture®, you're automatically entered into monthly scholarship drawings. Two \$40,000 scholarships and multiple \$500 scholarships are awarded every month.

There's no required essay, minimum GPA, or test score. The requirements to qualify are simple: complete actions that can help you get ready for life after high school.

Extra chances to win: If your family's income is less than \$60,000 per year, you'll earn double entries for every drawing.

Start Your Career List

Explore careers that match your interests.

Start: Any time

Start: Any time

Deadline: By the end of February of your senior year

2 Start Your College List

Find two or four-year colleges that interest you.

Deadline: By June 30 of your junior year

3 Start Your Scholarship List

Find other scholarships to help you pay for college.

Start: July 1 before your senior year

Deadline: By the end of February of your senior year

4 Strengthen Your College List

Make sure your college list has a mix of reach, match, and safety schools.

Start: July 1 before your senior year Deadline: By October 31 of your senior year

Complete the FAFSA®

Fill out the free government form to apply for financial aid.

Start: October 1 of your senior year

Deadline: By the end of February of your senior year

6 Apply to Colleges

Apply to the schools you want to attend.

Start: October 1 of your senior year

Deadline: By the end of February of your senior year

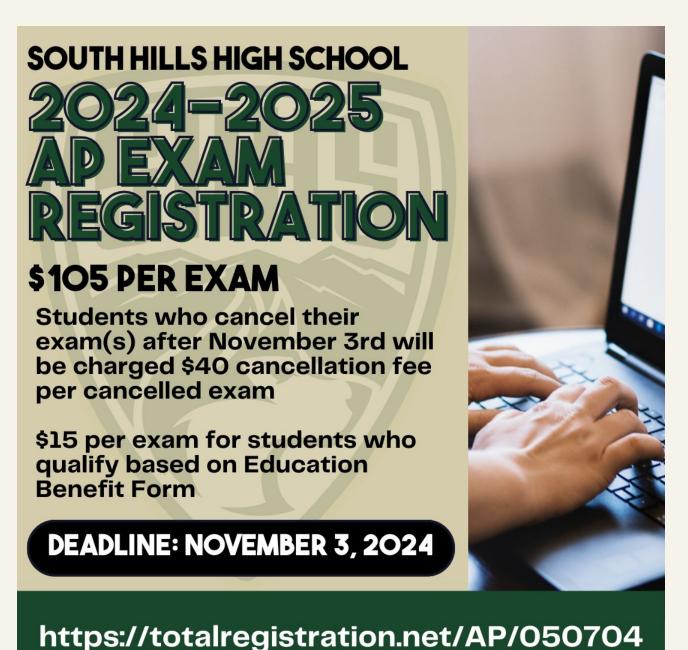
Visit bigfuture.org to complete steps on your dashboard and qualify.



SOUTH HILLS HIGH SCHOOL

OTHER HELPFUL INFORMATION

AP AND IB EXAM REGISTRATION





https://totalregistration.net/IB/050704



EDUCATION BENEFIT FORM

- All students receive free lunch this school year.
- Students who typically qualify for Free or Reduced Lunch may be eligible for test and application fee waivers throughout the year.
- Complete the <u>Educational Benefit</u> <u>Form</u> on the C-VUSD website.







PTSA Scholarships

Applications will be available in November. Up to \$500 will be awarded. Reminder – student and parent must be a PTSA member to apply.



Grad Nite Tickets

Sales in March



Graduation Flower Leis

Sales in May - \$30.00 each





Baccalaureate Service

June 2, 2024 @ Covina United Methodist Church

MORE INFORMATION TO COME

Events and dates are subject to change





















- Senior photos in the Student Union
- November 14th November 15th
- 3pm-8pm
- 20-50 min. sessions (\$20-\$40 depending on package)

SchoolHousePhoto.com

Contact Info: Schoolhousephoto.com (951)267-9200 info@schoolhousephoto.com



SOUTH HILLS GRADUATION

TUESDAY, JUNE 3, 2025 Covina District Field 7pm

Graduation Tickets

- All guests entering the stadium for graduation must have a ticket to attend the ceremony.
- Lost/stolen tickets will not be replaced, tickets are NON-REPLACEABLE.
- Handicap seating will be available plus one additional guest to accompany them.





GRADUATION TICKETS

You will receive more information toward the beginning of 2025, but here is some basic information:

- All graduating seniors will automatically receive six (6) free graduation tickets
- May purchase up to eight (8) additional tickets at \$8 per ticket on a first come first serve basis
- Tickets will go on sale April 13th through April 24th, 2025
- All tickets will be distributed on Thursday, May 28th
- Students MUST be the ones to purchase and pick up their tickets



SENIOR ACTIVITIES

You will receive more information in the beginning of 2025, but here are some end of the year activities for seniors:

- Senior Sunset
- Prom
- Senior Check-out
- Greetings from Grads
- Senior Awards
- Graduation Rehearsal
- Grad Nite
- Baccalaureate
- Graduation
- Diploma Distribution



SOUTH HILLS HIGH SCHOOL 2025

GROUP ORDER DEADLINE IS DECEMBER 2024

PACKAGES AND INDIVIDUAL ITEMS
AVAILABLE BY USING THE
QR CODE LINK HERE!



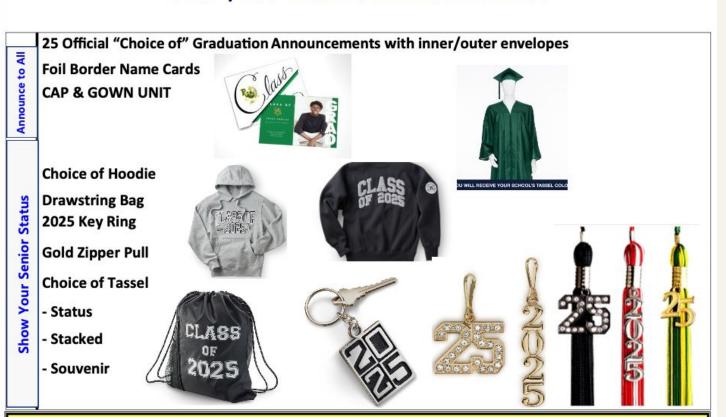
WEBSITE: www.jostens.com Instagram: @jostens_mygradtime

THE CAP AND GOWN UNIT INLUDES: CAP, GOWN, TASSEL & CUSTOM MEDAL

https://www.jostens.com/apps/store/customer/1008150/South-Hills-High-School/

HUSKY PACKAGE

GRADUATION ORDERS OCTOBER 1st - OCTOBER 15th ORDER over \$200 receive FREE SHIPPING!



Order a Class Ring online from OCTOBER 1st - OCTOBER 15th RECEIVE YOUR CAP & GOWN FREE.







Jostens | OFFICE: 951-698-6451 | TEXT: 951-319-2600 / email: ruben.cruz@jostens.com



JOSTENS

- Visit the South Hills Jostens webstore to order your cap and gown, senior announcements, class rings, senior gear etc.
- Graduation Products from Jostens



REGISTER TO VOTE

If you are 18 years old, you can register to vote now.

If you are 16 or 17, you can pre-register to vote so that your voter registration is active when you turn 18.

https://registertovote.ca.gov/

To register online you will need:

- Your California driver license or California identification card number
- The last four digits of your social security number
- Your date of birth



www.registertovote.ca.gov

SOUTH HILLS HIGH SCHOOL



CONTACTUS

www.southhillshigh.com

Main Office: (626) 974-6200 Counseling Office: (626) 974-6208 ASB Office: (626) 974-6210 Attendance Office: (626) 974-6220



Follow us on Instagram
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@southhillsasb:::